



Feet up in Bali after four hard months

Another month has flown by but did not appear to be as busy as the previous few. I even had time to take five days off which I spent with Carolyn in Bali. I thought she deserved at least this after being dragged all over Western Australia for the previous four months.

The month started with a visit to Ellenbrook and Swan Districts Lions Clubs in a combined meeting. It was with great joy that I, along with Council Chairman Lou Onley, was able to present a Tom Cameron Award to Julio and Angelica La Cunza.

The other highlight of my visit was to meet one of our Youth Exchange students, Danielle Smith and her family. She is a delightful young lady and will represent Ellenbrook and Lions in an excellent manner.

I then attended the inaugural Hall of Fame dinner which involved making presentations which I covered in the last newsletter. Carolyn and I then headed north to Dongara, Morawa, Greenough and Northampton. Whilst at Morawa I had the pleasure of inducting a new member. We were made most welcome by all these clubs and thank them for their hospitality. Again we found out about more interesting projects that require an article in our newsletter or West Lion, one of which is the drum muster by the Northampton Lions and the local foundation being assisted by the Greenough Lions. Please share these and other projects with the rest of the Lions community as we need to hear about them so we can fill our information bulletins with useful and interesting articles, instead of my ramblings.

We then returned to the city and visited the clubs of Kingsley-Woodvale and Kalamunda where we had enjoyable and interesting meet-

Angel Flight offer thanks

I want to sincerely thank all Lions and Lions Clubs in Australia and particularly W1 Lions in WA for the extraordinary and ongoing support you have given to Angel Flight Australia. I desire to acknowledge the wonderful donation of \$10,000 from your Razzamatazz program.

Although we have never asked, the most wonderful donation funds have continued to flow in from Lions Clubs almost every day.

Our relationship goes back to the beginnings of Angel Flight in April 2003. It started in earnest in October 2005 when "Mad Dog Gillham," with the wonderful help of Boggabri Lions Club, sheared sheep for 40 hours in a sensational fund raiser; Boggabri's way of thanking Angel Flight for the help given on an ongoing basis to a number of the town's young people with cancer.

Angel Flight spends no money fundraising so every dollar donated by Lions finds its way to supporting volunteer pilots, volunteer drivers, paying for aviation fuel and running a small national office of coordinators.

Angel Flight is always there to help Australians doing it tough with bad health, money troubles and daunting distance.

With the help of powerful groups such as yours we will continue to provide that help. Yours sincerely,

Bill Bristow AM, Chairman.

Barry's Buzz

I was particularly impressed with a speech by Warren Mahoney from Youth Focus, a group who do counseling for youths with issues and a tendency to suicide.

Canning City was our next visit and we had a Movember social dinner with them, again another enjoyable evening with lots of fun and fellowship. During the month I also presented some monarch awards as we have many long standing members in Lions. It is wonderful that we can say thank you to these members as they have contributed a huge amount to Lions in WA.

On the 26th the four clubs that work out of the Gibson Park Community Centre had a Lions Open Day. We had a few visitors, probably not as many as they had hoped, but I felt it was a useful day and should be considered as an annual event with maybe a few more participants and some more activities.

Beth Caunt did a great job with the face painting and there were some great lions, tigers and butterflies seen in the streets of the local area. Carolyn and I also assisted and showed our culinary skills cooking sausages or making up bacon and eggs. The only down for the month was our membership number which was 18 fewer than at the beginning of the Lionistic year. We have inducted some new members but this was far outweighed by our losses. All clubs need to take a look at their membership and ensure that all members are considered and are happy with the direction of their club. If you need some help contact the Leadership team and get some help from a Club Excellence

LIONS EXERCISE THEIR MINDS FOR MUSCULAR DYSTROPHY

On October 6 about 90 Lions, relatives and friends squeezed themselves into the Gibson Avenue Den to enjoy the annual quiz night organised by Terry and Heather Brazier in memory of their son.

There was a great variety of prizes on offer with all teams competing enthusiastically, which led to a lot of banter and - if you listened carefully you may have been able to pick a few clues!

As well as the quiz there were several side competitions and I'm sure I saw one or two competitors trying to sneak a look at other teams' answers to these!

Terry was the MC and chose a good selection of questions that tested many different areas of general knowledge, in some cases quite severely (thanks Terry!) The result was that a good time was had by all and many left weighed down with prizes.

Many thanks indeed go to Terry and Heather for organising the night and to all those who assisted for such a good cause. As a result of all these efforts we were able to hand over a cheque for \$2,000 to John Gummer of Muscular Dystrophy WA at the next dinner meeting, a truly excellent result.

Thanks also to those who donated the prizes.



DG Barry.

Process facilitator.

This time of year is also a good time to get out and advertise as most clubs are out selling Christmas Cakes. Take this opportunity to talk to your customers about what Lions do, what we have done and invite them to a meeting. A flyer and a contact number could help you obtain your next members. All you have to do is ask. The worst thing that can happen is they answer no; the best is a new member. Keep on working together and for our communities, be out there and be seen. Don't be afraid to tell everybody how good Lions are and what they can do for them. Invite them to help you with your projects.

Finally, I wish you all a merry Christmas and a happy and safe New Year. All the best and take care.

Barry Middleton.

District Governor 201W1, 2012-2013.

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SASR visit by Duncraig Lions



Nineteen members of the Lions Club of Duncraig, along with four friends, were recently invited to visit the SASR Historical Museum & Research Centre Campbell Barracks, by a member's husband who formerly served with the regiment.

Members gathered at the club rooms at Gibson Ave at 1230, then made their way to Campbell Barracks, where they were met by one of the guides.

From there it was off to a classroom where Major Gregg Mawkes gave a fantastic insight into the SASR Regiment and its rolls and tasks. After the talk a tour of the conflicts that the regiment has been involved in, and also the room of the deceased members who lost their lives in training and conflicts and they were privileged to view the honours and awards room.

Then it was a tour of all the regiment's current capabilities including weapons, vehicles and equipment used in different tasks and conflicts. After the tour a brief talk about the garden of remembrance

where the above photo was taken. There is a memorial called 'The Rock' in the garden, which has the names of all those who lost their lives while serving in the regiment.

The tour ended at a place called the 'The House' where the visitors had after-

noon tea. The House was nurses' accommodation during World War II and, through the work of volunteers, has been made into a meeting place for current and former members to meet and enjoy each other's company in a very special place.

A great day out.

Vale: Robert (Bob) Turner

Arthur Robert (Bob) Turner passed away July 29 2012 aged 84. He joined the Lions Club of Victoria Park on June 26, 1965.

He was president of the club for two terms and held various positions on the board. He received a number of awards notably the Melvin Jones Fellowship in May 2004. He was a great project man known for his dexterity and agility.

At the annual lighting of the Christmas Tree at the Read Park, Victoria Park he would scale up the tree and set up the lights long before the fire brigade ladders could be set up.

With his captivating smile and subtle wit he charmed the ladies at the reception at the Burswood Casino into opening Lions Mints outlets there.

Many tried but nobody else got a look in.

He was known as the king of mints and took his club to the top of the sales chart in Western Australia.

Bob chose to live his life not in a flamboyant way but with a cheerful and friendly disposition.

To family, friends and neighbours he was a builder, mechanic and willing helper for whom nothing was too much trouble. He was a selfless caring person who called everyone mate or clobber.

Not because he forgot their names (well most of the time anyway) but because he saw them as friends and fellow passengers through life.

It was his gut feeling of SERVICE as a LION. He often pledged to remain a Lion of Victoria Park to eternity. Fittingly his Club bestowed on him a Life Membership in July 2007.

Bob will be sadly missed by his relatives, friends, neighbours and the East Victoria Park communities at large.

Welcome to BALI INDONESIA

ANZI PACIFIC FORUM III
BALI - INDONESIA
SEPTEMBER 06 - 08 2013

ANZI PACIFIC FORUM
SEPTEMBER 6-8, 2013 in

BALI, The Land of the Gods & Deities ... beckons you

FOR US\$ 275 PACKAGE DEAL you will get:

- To attend the Forum Sessions and Classes.
- Meet our International President, Vice President and a lot more Lion Dignitaries from Area VII Australia, New Zealand, Indonesia and Malaysia/Singapore.
- Enjoy excellent & sumptuous Food at Friday Evening Opening Ceremony, Saturday Lunch Indonesian Style Bar-BQ and Dinner at the IP Banquet. Sunday Lunch of Balinese culinary delights.
- Coffee Breaks during Sessions.
- Traditional and Cultural Balinese Performance. The Monkey Dance, The Bele Ganjar, Pendet Welcoming Dance to greet you, Singing Quartet and a whole lot more entertainments during the above Dinners.
- Three days of Tropical Fun & Sunshine in beautiful Bali Beaches.
- Excellent Hotel Amenities i.e. Spa, Swimming Pool, Fitness Centre.
- Shuttle Bus Pick-ups from Airport.

You can continue your Bali Explore by having a Golf Game at some excellent Greens in Nusa Dua or do some Scuba Diving if you wish to.

A visit to the Art Centres such as Woodcarving Village, Silverwares, Hand Paintings, Batik & Traditional Clothmaking, Traditional Balinese Performances is a Must.

Register Now for early bird!

Bicycles for humanity: changing lives in Africa



**2013 ANZI registration form
go to W1 website:
www.201w1.lions.org.au**



**STAY AT HEADQUARTERS HOTEL & FORUM VENUE
@ SANUR PARADISE *Plaza* HOTEL & FORUM VENUE
FOR FORUM SEMINARS, WORKSHOPS AND PLEASURE ...**

The Sanur Paradise Plaza Hotel is a four star international resort which commands a strategic location that is just minutes from great shopping and entertainment, as well as the cultural and natural attractions of Bali. There are so many things to do while in Bali and this coastal village of Sanur is the most convenient place to start from. All categories of the 329 guest rooms surround a tropical garden courtyard and expansive pool environment. Each room is comfortably appointed with modern touches, cool marble flooring and a refreshing Balinese accent on décor. Some room categories feature a private balcony while others have direct access to the long 110m free form pool that is shaded by tropical palms. Leisure options are plentiful with a stylish spa for exotic body and beauty indulgences, and a well equipped fitness centre featuring a Jacuzzi and sauna. Comprehensive meeting facilities cater exclusively to the needs of business and incentive travelers with an extensive selection of event venues boasting a cumulative capacity for up to 2000 participants. The combination of sun filled skies, gracious hospitality and a relaxed setting makes the hotel the perfect holiday gateway, whether it is for work or pleasure. Based at Sanur Paradise Plaza Hotel, guests are conveniently located to discover the charms and attributes that the entire island of Bali has to offer.



Lions Club of Forrestfield/High Wycombe have taken a support role with their local charity, Bicycles for Humanity WA operating out of High Wycombe.

B4H is a worldwide, grass root, volunteer-run not-for-profit movement focused on simple, sustainable empowerment through bicycle transport in the developing world. In Namibia and Zambia a bike can mean access to education, healthcare, fresh water, economic opportunity and support.

It is said, "A bike allows someone to travel twice as far, twice as fast and carry four times the load."

In Perth our all-volunteer team collects used bikes from the public, restores them to working condition and packs them in containers for shipment to Africa.

Since inception in July 2011, B4H WA has:

- Collected over 2,000 bikes from the generous Perth public.

- Supplied various Perth charities with bikes unsuitable for African conditions.

- Sorted, prepared, packed and shipped 1,000 bikes in three containers to Namibia.

- Seen the establishment of two new Bicycle Empowerment Centres (BECs) in the Namibian villages of Mondesa and Omaruru as well as the re-supply of bikes to seven existing BECs across Namibia.

- Received heartfelt messages of thanks from the recipient communities in Namibia.

Lions Club members and friends can help B4H WA in any of a number of ways:

- Donating bikes gathering dust in sheds or back of the garage.

- Volunteering services to collect, repair and load bikes – we really need more help.

- Cash donations.

- B4H needs money to buy shipping containers, sea transport and to train village bike mechanics.

- \$300 will cover shipping of 15 bikes.

- \$400 buys a tool kit and stands for volunteer mechanics.

- \$200 buys spare parts to rebuild many bikes.

We at Forrestfield/High Wycombe Lions Club are proud to support this project knowing that we are making a positive difference to people's lives.

More info at:
www.bicyclesforhumanity.com/perth

Contact:
perth@bicyclesforhumanity.com

Donate: www.givenow.com.au/bicyclesforhumanitywa

Out of the mouths of babes



Well, not exactly babes, but innocent youngsters.

I play Santa Claus on Christmas cake street drives around the Perth suburbs of Duncraig and Carine. The usual routine sees Santa driving along in a 4WD ringing a bell and shouting ho, ho, ho. At the end of every cul de sac I get out and holler "Merry Christmas, it's time to buy a delicious Lions club Christmas cake." This brings the kids out and gives me a chance to ask a few questions.

Normally it's "What's your name? How old are you? What do you want for Christmas? and Have you been good?" The answers are pretty straightforward although there are some very unusual names out there.

On my first street drive in November, I approached two brothers standing together on the lawn. "What's your name?" I asked. "Jacob" came the reply. And how old are you, Jacob?" "I'm eight," said Jacob. "And what do you want for Christmas?" Quick as a flash Jacob told me he wanted a Triple Transformer Set – a popular present this year. He told me he'd been good, his father agreed so he reached into Santa's sack for a lolly.

I then turned to his elder brother with the same questions. His name was Lucas and he was ten. "And what do you want for Christmas?" I asked. Without hesitation and in a loud and confident voice Lucas said "Please can I have lots of food for all the poor people in the world."

When I'm in my Santa suit the only visible features are my eyes and cheeks. The former began to fill with water and, as I didn't want Lucas to see Santa in tears, I told him to take a lolly and engaged in conversation with his dad, telling him what a remarkable son he had. I then beat a rather hasty retreat ringing my bell and wishing the family a very merry Christmas.

The irony of course is that little Jacob is likely to receive what he wants for Christmas but Lucas, whose choice was so unselfish and benevolent, will not.

I'll find something nice for him and drop it from my sleigh on Christmas Eve. After all, kids like Lucas deserve all the goodness we can give them.

Rob Wright

Lions Club of Duncraig

MD 201 W1 Publications Editor.

PICTURE: Santa with helper Lion Marie Cocks and two satisfied customers – though not the ones in the article.

EXEMPLARY SERVICE AWARDS GOING FREE TO GOOD HOMES

Do you know a person who has done good within the community and is not a Lion?

If you know of anybody who fits this description please contact me for an application form, or go to the Lions Exemplary Service Award website and print out the form. Complete it and send it to me. Then I will gladly work on getting a plaque ready for that person. There has to be plenty of deserving public spirit minded people out there particularly with all the disasters that have been going on lately.

I am feeling a rejected, dejected Lion - So please give me some work to do!

–Jill Middlemass, District 201W1 Chairman, Exemplary Service Award.

<http://lionswa.org.au/page/Exemplary-Service-Awards.aspx>

Ph: 9342 0999

Email: jillmiddlemass@westnet.com.au

Duncraig Lions present Tertiary awards to outstanding year 12 students

The Lions Club of Duncraig has presented Tertiary Education Awards to outstanding Year 12 students from five local high schools for several years. The award consists of a framed certificate and a cheque for \$500.00. Each recipient is chosen by a panel made up of the school's Year 12 co-ordinator and a number of teachers.

The selection criteria include commitment to studies, aspiration to reach maximum potential, a desire to pursue further education, contribution to the community, contribution to the school, a strong record of social and civic responsibility and a good record of attendance and behaviour.

The recipients for this Lionistic year were:

- Kelsey Radford Greenwood College,
- Bianca Stewart Carine Senior High School,
- Malcolm Pham Duncraig Senior High School,
- Kate Nieuwenhuyze Warwick Senior High School,
- Emily Harrison Sacred Heart College.

The club believes that by recognising young achievers in this way it can cement a bond between students and Lions that may extend well into the future.

BELOW: Duncraig President Matt Graham presents a Tertiary Award to Kelsey Radford from Greenwood SHS.

TOP RIGHT: Lion Carmel Ward, award recipient Emily Harrison and Sacred Heart principal Peter Bothe.

BOTTOM RIGHT: Lion Carmel Ward presents Warwick SHCS achiever Kate Nieuwenhuyze with her award.



SWAGS - A helping hand for the homeless

By Lion Halina Young

The Lions Club City of Perth (Host) has been in celebration mode this year as it marks 50 years of Golden Service.

Part of its celebratory program included the launch of a new project to say thank you to the community from which it was born and which has supported the Club during 50 years of service.

Lion Club member Brian Phang saw a great opportunity with the Swags for the Homeless 'Backpack Bed'. The Club has fully endorsed the project, which will benefit the homeless on the streets of Perth.

The Swags for the Homeless is a mobile backpack bed which was invented by Tony Clark of Melbourne, who is also the Chairman and recipient of the Australia Day Local Hero Award.

His Swags have been internationally recognised with a design award. They are a practical, mobile, roll away, backpack bed which offers the homeless dignity, comfort and protection.

Tony Clark's mission is to provide every homeless person in Australia with a Swag backpack bed. He has been lobbying government agencies, politicians and corporations alike for support.

He has also recently found tremendous support for his mission with some Lions Clubs on the east coast.

Part of his awareness raising saw him make a visit to Perth where he participated in a Homeless Street Walking Tour and met and spoke to

Perth's homeless.

The next morning, Tony met with the Lions Club City of Perth (Host) President Tony Pallotta, Vice President Halina Young and Swags Project Chair Brian Phang. He told us that there are over 100,000 homeless people nationally, over 2,300 in Western Australia and 760 in the City of Perth – every night, across Australia over 16,000 men, women and children will sleep outside.

Tony Clark welcomed the Lions Club City of Perth (Host) on board as a partner for his project and was moved to say that he found Lions to be a "great group of caring and selfless people dedicated to helping those in need."

The Lions Club City of Perth has ordered and taken delivery of 50 Swags. These have been dispatched, as is required by the Swags for the Homeless protocol, to a recognised and dedicated community service agency. They are now being assigned to the homeless in Perth.

If your Lions Club wishes to extend the hand of humanity and help the homeless, you can contact Swags Project Chair Brian Phang at . . . lionsclubcityofperth@hotmail.com

In doing so you will be making a heartfelt difference to the homeless in the heart of your community.

For more information on the standards approved and accredited Swag Backpack Beds, visit www.swags.org.au

Whitfords Lions Club hosts World Service Day

What is World Service Day?

Annually, Lions Clubs International celebrates World Service Day by conducting a variety of activities. October 8th is the official date set aside for World Service Day, when community work is done by club members in a number of districts.

This year our club was no exception. On Sunday 21 October Lions members helped organise a World Service Day activity at the Gibson Park Community Centre for members of the Grandparents Rearing Grandchildren and a local refuge.

It was a welcome day's outing for members of these two groups. Children were entertained with lots of fun activities and a sausage sizzle in the park, while their parents enjoyed some valuable time out and relaxed over a well prepared lunch served by our Lions members, with a little help from family and friends!

A classic local World Service Day activity! A BIG thank you to all Lions members who helped make this a very well organised event and most importantly a very special and enjoyable one for all the participants. A great team effort!

Thank you note from the Grandparents

On behalf of Grandparents Rearing Grandchildren WA (Inc.) can I please thank all your Lions members for the wonderful day last Sunday.

The children really enjoyed themselves and were so well watched, that we could all relax inside and enjoy the very tasty meal provided. Every one of our members commented on the fact that it was not only lovely being waited on, but without having little people interrupting us constantly, we could really relax.

Please pass on our grateful thanks to your terrific helpers for all your hard work.

**Kaye Bendle, President,
Grandparents Rearing Grandchildren WA (Inc)**

Ride to conquer cancer

Just to let the Ellenbrook Lions Club know that, during the last weekend in October, I completed the 215km *Ride To Conquer Cancer* that you so generously supported me with by means of your donation.

Your donation and others like yours helped me to raise the sum of \$5,810 towards this wonderful cause. The team of six riders I rode with raised \$20,650 between them and the 1,219 riders in total that took part in the ride raised

----- wait for it -----

a staggering 4.6 million dollars.

The ride was tough but really well organised and we were very well looked after.

We started in McCallum Park and rode to Pinjarra where we stayed in a tent city.

We left Pinjarra the next day via a coastal route through Rockingham and Fremantle and back to where we started from.

Crossing over the finish line seemed to take away all the pain in the legs and back (until the next day) as we became aware we were part of something special, so much so that we all signed up again for next year!

Thanks again for the Ellenbrook Lions support – I may be knocking on your door again next year.

Sincerely

Lindsay Richmond.

Lions share in relay record

Relay for Life started in the USA in 1985 when Dr Gordy Klatt decided that as he was an amateur athlete, he would run and walk for 24 hours to raise funds for cancer research. This was taken up and has grown into the activity that it is today carried out in 600 communities across 20 countries throughout the world. Here in WA we have about 10 Relays for Life each year.

Relay at Joondalup was started by the Mayor of Joondalup, Troy Pickard, five years ago and through his efforts and those of the Committee it has grown to be a significant fundraiser. It is held at Arena Joondalup and two Lions members sit on the Committee, Jack Le Cras, who is responsible for logistics and infrastructure in addition to organising the Lions catering for the event, and Howard Martin who looks after cash taken on the day.

This year it was held on Saturday and Sunday, October 13 and 14. Due to two other caterers not being able to attend at the last minute, Lions found themselves responsible for catering almost the entire event, providing for the demands of the 92 teams taking part in the Relay and for the 100 or so volunteers who staffed the event throughout the weekend.

We raised a total of very nearly \$6,000 and, after expenses, were able to donate \$2,500 in cash and that was after catering for all the volunteers at no charge. This was a tremendous team effort and sincere thanks to all members who helped throughout the weekend.

Relay for Life raised a record sum in the order of \$291,000 for the entire event this year, the majority of this coming from fundraising by teams. This is a huge boost to the funding of cancer research and a great contribution by the people of the Perth's Northern Corridor.

RELAY FOR LIFE PHOTOS: We at the District Newsletter are sorry we are not able to bring the Relay for Life pictures taken by an unknown Lion or . . . anyway they were not up to scratch so we had no choice but to scrap them.

The pictures were a presentation of the cheque to committee members Donna Ironmonger and Penny Curtis with Lions Jack LeCras and Howard Martin, both also members of the committee and Lion Elaine "cooking up a storm"