



## Great deal being done on membership **Barry's Buzz**

January may have been relatively quiet but February has cranked up very rapidly. I have now finished all my visitations, all but one in February.

A great deal has been happening throughout the District with regard to gaining members. I have inducted seven members into the fold during these visits. Alkimos/Butler has had a couple of meetings and is up to 11 signed up members and other clubs also seem to be working at obtaining more members. My visit to Maylands started the month with two inductions, Dalwallinu had two, Bencubbin, Lancelin and Stirling one each.

A wonderful effort but we still have to continue to work hard and constantly at recruiting. If we do not do this, time flies past and club members become older and we then have real problems in gaining younger members. Planning for succession is the key.

All the clubs visited have also been working hard in the community but again we do not find out or see articles in our magazines. Whilst in Bencubbin one of the members stated that many Lions would not know where Bencubbin is or that they had a Lions club. This just reinforces the fact that we need to keep contributing articles to our publications. One thing I was pleased to see was Greenough's article in the last DG's Newsletter about the Hollomby Foundation, another noteworthy project supported by a local Lions club.

Alkimos/Butler Club is well into being organised and it will be pleasing to see another new club in our midst. Lion Sue Lowe has put a huge effort into this and partner Allan has supported her in this venture. Yanchep/Two Rocks have nominated to be the sponsoring club. If other Lions clubs wish to support the formation please contact our Cabinet Secretary Sue with details on how they wish to do it.

We have another challenge for clubs, March is Membership Month so the challenge is for all clubs to run an event where recruiting new members is the object. This event needs to be planned, reported to your zone chairman and the results also reported. Some clubs have already started and been successful so don't get left behind. Communication is the key, talking to people, selling Lions and your club's projects, and asking them if they are interested and want to join. It is not much good handing out

pamphlets without engaging the people as they won't understand and may feel that they are not really being involved. If a recruiting venture cannot be held in March, May is the supplementary month so plan in March for a May project.

We are losing more members than we are gaining at the present moment with 17 leaving and only 11 being recruited. One way of reducing this loss is to engage in the Club Excellence Process as it will help you to understand your club, your community and your members better. Members quite often leave because they are not happy with the club, feel that their opinion is not being considered or they are not cared about by fellow members. Look after your members and show concern if they are sick by checking on them regularly and involving them in the club's projects by talking to them about the club and what the members are up to. Offer to take them to meetings to keep them involved. A little bit of compassion and care will go a long way.

Clubs have dropped members on transfer as per the procedure but I would ask secretaries to ensure that contact details are passed to clubs in the area where their member is heading. Also provide the member that is leaving with details of clubs in their new area. Persons that leave please consider joining a club in your new location as it is a certain way of finding new contacts, friends and acquaintances that may be to help you settle in much faster.

We have many upcoming events in the next few months so plan to attend or help in some of them. Our first is the Youth of the Year District final March 23 2:00pm at the Wembley Community centre, Leo of the Year State final 9:00am March 24 at Mandurah Lions club rooms, the Youth of the Year State Final April 6, The Children of Courage Awards April 7 at the Pan Pacific, the Lions Save Sight Foundation AGM 18th April 18 and the Multiple District convention starting April 26 in Canberra. After the MD Convention we have Razzamatazz on the May 14 and require Lions to be there to assist and "Show the Flag".

It is also the time we do training for our incoming officers and Zone Chairmen. ZC training is on May 18 and is followed the next day (19th) with the Incoming Officers Forum. I extend an invitation to all club position holders

to attend even if you have done so before as it will enable you to share your experiences with those taking up their new positions.

In April we also have personal development and orienteering training on April 13, 14 at the Gibson Park Community Centre. If country members wish to attend we are running a billeting system for those requiring accommodation. This is another opportunity to find out more about Lions in your communities, districts, nationally and internationally. I would also like to point out that our training sessions not only assist in your lives as Lions but extend into your everyday lives, including work.

June 8 is an important date to remember as it is our awards night and we would like more Lions to attend. It is a night when we recognise some of our fellow Lions and clubs for the work that they have put in over the years. Share this event with them and other Lions to get some new ideas to take back to your clubs.

I would like to thank the clubs for their efforts so far this year and encourage them to take up the challenge and add to their membership.

Remember: "Success from Endeavour"  
-Barry Middleton, DG 201W1.



DG Barry.



## Double induction at Dalwallinu

On his recent visit to the Lions Club of Dalwallinu DG Barry was delighted to induct two new members. Our photo (left) shows club president Kathy Mills, new members Hedley Falls and Robert Newman with Noel Mills and DG Barry Middleton. Congratulations to Hedley and Robert and welcome to the Lions family.

Official Publication of the Lions in District 201W1

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**COPY DEADLINES**

**West Lion**  
NEXT EDITION: JUNE 2013  
COPY DEADLINE: MAY 10, 2013.

**DISTRICT NEWSLETTER**  
NEXT EDITION: APRIL 2013  
COPY DEADLINE: APRIL 10, 2013

# Susie Sausage here to help the Lions Biggest BBQ

Lions Biggest BBQ/ Membership Month/Membership Drive. **Why not use MARCH and APRIL 2013 for a membership drive in conjunction with the LIONS BIGGEST BBQ.**

We are here to assist you and guide you with our Lions Biggest BBQ. Let's work together to encourage as many Lions, Lioness, Leo clubs and members of their communities to attend and join in the festivities of the Lions club "BIGGEST BBQ" during April, 2013

Our challenge is to combine this program with a concerted membership drive, using the Lions Biggest BBQ as a catalyst for attracting members of the public to enjoy a sausage sizzle

and discuss the pros and cons of joining the biggest service club in the world.

Your District has an ALCCRF District chairman and we encourage you to contact them and encourage the promotion of a membership drive, together with the Lions Biggest BBQ.

Contact IPDG Peter Lamb (M) 0414 474 121.

**Win Equipment for your club.** For every \$100 raised by your club from your BBQ we will issue a numbered ticket which will go into a draw to win a prize of a cheque for the

value of \$1,000 which is to be used for the purchase of equipment that can be used by the club to assist them raise funds in their community.

Drawing will take place on May 24, 2013.

To register your club for the BBQ and to receive your marketing kit, send the order form (below left) by mail to PO Box 676, Mandurah, WA 6210 or email the information to: plamb@lambman.com.au



Over 600 children are diagnosed with cancer every year of which only 75% will survive. The Trustees of ALCCRF are totally committed to the goal of 100% survival.

If this is to be achieved we need to continue to fund the best scientific and clinical childhood cancer research available in Australia.

This can only be accomplished with the continuing generous support of Lions and Lions clubs throughout the country.

This year clubs are asked to consider making a donation to the Foundation to help towards our target of \$1million per year

This is a big ask, but if we are to be part of the solution to childhood cancer we need to be able to engage the best researchers this country has to offer. We can do it, but we need your support

**-PCC Bob Buckley ALCCRF Chairman.**

ALCCRF Trustees will be in attendance at a Display Booth at MD 201 Convention in Canberra.

Make sure to visit the Display Booth to get updates on:-

Lions Biggest BBQ, Awards Program, Lions Rose, Lions Rose Pin. Latest Research Information. Meet your Trustees – they are there to help and answer questions.

PCC Bob Buckley Chairman.

PDG John Thorpe Deputy Chairman.

Dr Joe Collins. PDG Jim Ede. PDG Peter Lamb. PDG Austin Lanphier. PCC Lindsay Marsden, PCC Tony Roney, PDG David Savage.

## INVITATION TO PARTICIPATE IN LIONS BIGGEST BBQ APRIL 2013

**LIONS, LIONESS, LEOS**

**Club of . . . . . District . . . . .**

**Address . . . . .**

**Suburb/town . . . . .**

**State . . . . . Post code . . . . .**

**Please return as soon as possible to . . . IPDG Peter Lamb, ALCCRF Trustee Lions Biggest BBQ PO Box 676, Mandurah WA 6210.**

**Or email the contact information to:- IPDG Peter Lamb, ALCCRF Trustee: plamb@lambman.com.au**

# Hearing bus visits the town of Morawa



Second VDG Ivan Sturgess, driver and Hearing Screening Chairperson Chris Smelt with the new mobile screening unit.

On Saturday, February 16 the new Lions hearing bus had its second run into the country. This time to the north eastern town of Morawa.

Morawa is a sheep and wheat farming community right in the heart of wild flower country in the WA wheatbelt, four and a half hours drive north of Perth.

Second Vice District Governor 201W1 Ivan Sturgess, who is trained to give the hearing tests, left Perth at 5.00 am and picked up Lions PDG Clive Tonkin and Maureen Tonkin at their farm near Moora and continued on to Morawa arriving at 10.00 am in time for the first screening.

The temperature on arrival was 44°C which was expected and then the first hiccup arrived as Ivan explained that the second air conditioner hadn't been installed yet and there would be no cool air in the van. However, there was a fan which helped and this was run by the new generator generously donated by Crommelins.

The heat didn't deter customers and eighteen people were screened despite the stinking hot conditions.

Next morning it was back to work and a little more pleasant with cooler conditions and a slight breeze to help when a further 16 people were tested before the bus had to leave the town.

Ivan thanked secretary Sylvia Buist and the members of the Morawa Lions club for their hospitality and help during the weekend.

"It was really worthwhile going to Morawa, as it is a little town isolated from these services because of the distance factor and we were able to give referrals to six people who needed further attention.

"It goes to show that no matter how isolated the Lions club, they can call on help from Lions everywhere," Ivan said.

## *Lions Personal Development and Orientation Day*

**DATE:** Saturday, 13<sup>th</sup> April 2013

**VENUE:** Gibson Park Community Centre,  
Gibson Ave PADBURY 8025

**COST:** \$20 per person

*Come along, meet other Lions, ENJOY the fellowship whilst gaining knowledge on Personal Development and Orientation to Lions.*

**Saturday:** Commence at 9.00am, continuous tea/coffee available

### **Welcome & introduction to programme**

Morning Tea, Lunch, Afternoon Tea, BBQ Dinner (all supplied) BYO drinks

Mock Meeting during Dinner

Accommodation – Billets can be arranged for country Lions

Reply to:

PDG Pamela BAIRD PO Box 280, TWO ROCKS WA 8037

(M) 0427 082 674

e-mail: [pamela.baird@amnet.net.au](mailto:pamela.baird@amnet.net.au)

RSVP: for catering purposes by 05<sup>th</sup> April 2013

NAME: \_\_\_\_\_

CLUB: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

If sending cheque please make it payable to District 201 W1

# Duncraig Lions presentation to SES volunteers

Duncraig Lion Carmel Ward was so impressed with the team of SES volunteers who manned a stall at the club's Australia Day Community Breakfast, she suggested the club make a presentation of a certificate to the local Wanneroo/Joondalup SES Unit. The guys and gals of the unit not only introduced themselves to the community on January 26, they also gave out lots of useful information and helped Duncraig Lions members to erect tents and awnings, rope off the barbecue area and carry out jobs that required heavy lifting.

On arrival at the SES Unit's muster Lion Carmel felt different because she was the only one there not wearing a hi-vis vest. "I felt a bit out of place so I dug into my vehicle emergency kit and donned a vest – I can do hi-vis too! I fitted right in and they all had a laugh."

Carmel made the presentation and thanked them for their efforts in community service generally and in particular for their invaluable assistance on Australia Day. She told the unit that funding from the City of Joondalup had been approved for the next three years and invited their ongoing participation at the Aussie Day function.



Duncraig Lion Carmel 'Hi-vis' Ward is pictured above with two members of the Wanneroo/Joondalup SES Unit.

## T4DM study needs male Lions as recruits, will you register?

W1 Cabinet Secretary Sue Lowe has been approached by Gwen Brooks a research nurse from Fremantle Hospital with a request to try to get some of our male Lions members to participate in the T4DM study. The study will be conducted from both Fremantle and SCGH. The study is now open.

Go to [www.t4dm.org.au](http://www.t4dm.org.au) to join.

### So what is the T4DM study?

T4DM is a study into whether diet and testosterone can prevent type 2 diabetes in men who have prediabetes and relatively low testosterone.

Gwen told us that, "We will be recruiting about 1,500 men across Australia who do not have diabetes to join the study. Study participation will last approximately two years.

"Participants will receive free access to Weight Watchers and treatment with either testosterone or a placebo. Why join? Who can join? Go the website for all the details."

## **EXEMPLARY SERVICE AWARDS GOING FREE TO GOOD HOMES**

### **Do you know a person who has done good within the community and is not a Lion?**

If you know of anybody who fits this description please contact me for an application form, or go to the Lions Exemplary Service Award website and print out the form. Complete it and send it to me. Then I will gladly work on getting a plaque ready for that person. There has to be plenty of deserving public spirit minded people out there particularly with all the disasters that have been going on lately.

I am feeling a rejected, dejected Lion - So please give me some work to do!

–Jill Middlemass, W1 Chair, Exemplary Service Award.  
<http://lionswa.org.au/page/Exemplary-Service-Awards.aspx>  
 Ph: 9342 0999 Email: [jillmiddlemass@westnet.com.au](mailto:jillmiddlemass@westnet.com.au)

# Sausage sizzle not a racket!

Members of the Lions Club of Duncaig are renowned for their catering prowess and specially for turning snaggers outside Bunnings Warehouse at Whitfords.

The club was recently contacted by Kay Terry, manager of the State Junior Badminton Team who asked if members could raise money to help finance a trip which involved sending around 850 young shuttlecockers. Rather than just make a donation, it was decided to invite a few members of the badminton team to help out at the next sausage sizzle.

The turnout was smaller than expected but manager Kay joined in with two of her teammates. Everyone had fun and a proportion of the funds raised will be allocated to the badminton team's project.

*Pictured right: Regina Dixon, 'Perce', Kay Terry, Annie Sim, Touk Kirri Boon and Glenda Pearce.*



# Collection of used spectacles



Up until a few years ago, Lions clubs included OPSM stores as collection points for used spectacles which were then forwarded to an address in Queensland.

Then One Sight (OPSM and affiliates) decided to collect used spectacles themselves for use in their own projects in a number of countries.

Due to difficulties getting access to those countries, One Sight has decided to stop collecting spectacles at their stores and has invited Lions to resume collecting from OPSM outlets in our collection area. At this time they want to remove all boxes from their counters and, whilst not encouraging people to donate glasses, to accept any that are donated, which they will keep for Lions R4S collection or a monthly posting to our PO box.

Could you please advise the clubs in your District of this change in relation to OPSM stores and affiliates. Clubs may decide to test the water at their local OPSM store.

—Ken Leonard OAM, Chairman & CEO.

*Pictured left: Lions collecting used spectacles.*

# Black Dog raffle - win a BMW motorbike

Through the generosity of Black Dog Rider Ian McKenzie we are excited to announce the inaugural Black Dog Ride Motorcycle Raffle which is being run in conjunction with the National 1 Day Ride.

Ian, through his involvement in Motoworld BMW on the Mornington Peninsula VIC, has underwritten and supplied a magnificent BMW K1600GT-L motorcycle valued at nearly \$40,000 'ride-away'.

Black Dog Riders have already raised more than \$600,000 for mental health services throughout Australia. Net funds raised from the raffle will go to Lifeline to help maintain and build their vital suicide prevention programs across the nation.

There are only 1,000 tickets at \$100 each so be quick to secure your chance of winning this dream machine by visiting [www.blackdogride.com.au](http://www.blackdogride.com.au)



# It's time to consider a flu jab

Western Australians are being encouraged to take advantage of this year's flu vaccine in the lead up to the winter flu season.

Communicable Disease Control Director Dr Paul Armstrong said the vaccine would offer protection against the strains that were circulating in the northern hemisphere in 2012.

"It is important that people at high risk of contracting the influenza virus be vaccinated for their own safety and to strengthen the community's defence," Dr Armstrong said.

People who are particularly susceptible to influenza include young children, Aboriginal people aged 15 years and older, pregnant women, people aged 65 years and older and

# Camp Krokodile awaits you

Greetings all – I am seeking your assistance in promoting to your clubs the opportunities for Australian youth to participate in the Youth Exchange Program. It would be appreciated if you could send the information below to your clubs and District Youth Exchange, Youth of the Year and Leo's cabinet members.

**CAMP KROKODILE FOR YOUR YOUTH OF THE YEAR QUEST and LEOS OF THE YEAR WINNERS?**

Have you thought about providing the opportunity for your club, zone, or District Youth of the Year Quest winners and Leo of the Year winners to be sponsored to attend Camp Krokodile this year? The cost is just \$675. Part of the Youth Exchange program is a week or so at one of the four youth camps here in Australia. Camp Krokodile is keen to provide an opportunity to meet other young overseas Youth Exchange students who will be attending camp on the Sunshine Coast in July this year.

At this stage we have around 28 young people from 14 different countries attending and there is room for at least two young Australians to join. Information on the Camp and the program can be obtained from District Q3 website [www.lionsq3.org.au/campkrokodile/](http://www.lionsq3.org.au/campkrokodile/) or [lionsclubs.org.au/activities/youth/ye/camp-krokodile/](http://lionsclubs.org.au/activities/youth/ye/camp-krokodile/)

The closing date for applications is April 13, 2013 with payment in full to be received by April 29, 2013. If there is any interest in joining please contact me by phone or e-mail and I will send you the necessary paperwork.

Norm Jensen, Registrar, Lions District Q3, Camp Krokodile. Tel: 07 5492 3867 Mob: 0404 98 4455.

those with chronic medical conditions. These groups are eligible for a free flu vaccine, available from GPs, Aboriginal Medical Services and community immunisation clinics. (Attendance at some private clinics may incur a fee.)

Symptoms of flu include fever, cough, sore throat, headache, chills, muscle aches, tiredness and vomiting. In severe cases, it can result in complications such as bronchitis and pneumonia and can lead to hospitalisation—or even death. Visit [www.health.wa.gov.au/flu](http://www.health.wa.gov.au/flu) for more information.

*Picture left: Mother to be Dale Garcoine ready for a jab.*

# Harvey Leo Stacey Shaw takes out Leo of the Year State final

Another round of District Leo finals and the State final have passed us by, it closed on Sunday, March 24 at the Mandurah Lions Club's Den where three outstanding young people displayed their talent to an enthusiastic audience.

It was disappointing to see only two Leo clubs represented from both Districts, but they did us proud.

After a lengthy deliberation by the judges the winner by the closest of margins was Harvey Leo W2, Stacey Shaw. Gia Kalmimeris from the Leo club of Morley W1 was second and Harvey Leo Harley Vass needed all the power he had to snatch victory but he fell short on the judges points card.

Stacey Shaw goes on to represent the State in the national final at the Canberra MD convention. She accepted the prize of return airfares, accommodation and \$200 in spending money and a super prize was in the offing, a return flight to Camp Krokodile in Queensland. Here Stacey will meet up with 28 overseas Youth Exchange students from 14 countries.

State Leo coordinator PDG Terry Gray was full of praise for the contestants but sorry more young people did not put their names forward. Considering the prizes offered, they are not small fry. Terry thanked his judging panel, PDGs Pam Baird, Peter Lamb and World Leo of the Year Lion Jessica Thompson for their otherwise thankless task. Terry also acknowledged the parents, grandies, friends, Lions and Leos who supported the speakers when they most needed it.

Terry gave praise to the three finalists Gia, Stacey and Harley for entering the quest. "I hope you have gained from the experience," Terry said.

PDG Terry, one who does not do things by halves, with the help of partner Judy Forsyth

*Pictured below: Judges, PDGs Pam Baird, Peter Lamb and Jessica Thompson. Right front: Ballajurra Lions Jill Middlemass and Kay Scandrett, back Carolyn Middleton.*



*Leo contestants pictured above with PDG Terry Gray, Harvey Leo Stacey Shaw, Morley Leo Gia Kalmimeris and Harley Vass. Below: W1 DG Barry Middleton and Gia Kalmimeris.*

organised a table of Leo printed material for those who know little about the Leo movement. Terry handed out certificates, medals and chocolates for deserving Lions.

Morley's Gia spoke on "Liberty and Basic Rights" and Harley Vass spoke on "The Meaning of Life," he told the audience we needed fewer iPods and more smiles. And finally Stacey gave us an insight of her life. She said she was subject to name calling "Fuddy and Chubby", this seemed to be the favourite for some. Stacey was almost in tears when she finished, a quick glance around the hall proved she was not the only one.

In closing Terry said. "Remember a nice man once said, youth are our future."

